



## PRAYER WALK—Station 1

As the world puts Easter away, storing the baskets and plastic eggs until another year and marking the make-shift holiday dinner of 2020 as complete, let's sit with this divine revelation a little longer. It doesn't matter to us that the holiday was celebrated differently in 2020, or that it came without as many of our family members present. For it is Christ's victory over death that assures us that the final word belongs solely and completely with God.

Oh God of new life, of redemption, and of unshakeable steadfast love, we are humbled in awe of you. Help us now to walk as Easter people!

***He is not here; for He is risen, as He said.*** Matthew 28:6



Christ the Lord is risen today!! Alleluia!

### PRAYER WALK with our children

Jesus' resurrection represents the new life that is ours! Thank God today!

On your walk, see if you can spot a butterfly, maybe a bird's nest with eggs, or a budding flower. Find something that shows new life!

Thank you, God, for bringing new life and for loving us. Amen.





## PRAYER WALK—Station 2

*Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow.* Matthew 28:1-3

*“and rolled back the stone ....”*

God, you are the one who rolls stones and moves mountains! We praise your name and join the chorus, singing Christ the Lord is risen today! For your love, for the power that comes through Jesus Christ, we give thanks.

### PRAYER WALK with our children

On your walk, take turns kicking a stone down your path. Remember God’s power and how he raised Jesus from the dead. Sing Jesus Loves Me as we remember God’s great love for us.

Thank you, God, for your son Jesus. Thank you for loving me! Amen.





## PRAYER WALK—Station 3

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

***“Do not be afraid, ....”***

God, with each step today may I leave another fear behind. Help me to know the difference between healthy fear that causes me to take proper precautions and a fear that keeps me from acting. Calm my spirit. Help me to live in the light of your power, focus on the resurrected Christ, and trust fully in you.

### **PRAYER WALK with our children**

**Are you ever afraid?**

March and name some things out loud that frighten you. “The Dark, 2, 3, 4, Growling Dogs, 2, 3, 4, Thunderstorms, 2, 3, 4, etc...”

Know that God hears those fears and that he is ready to comfort you! Thank God for your loving parents and other adults who help to keep you safe.

Dear God, when I am afraid, help me to talk to you. Help me to trust that you care for me. Amen.





## PRAYER WALK—Station 4

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

*“I know that you seek Jesus, ....”*

When I look for satisfaction in earthly possessions, rewards, or even in other people, I often find myself disheartened or unsatisfied. Help me, like the women on that first morning, to rise early and to seek only you, knowing that the Risen One never disappoints.

### PRAYER WALK with our children

#### Where can you find Jesus?

While we may not see the person of Jesus, we can certainly see him in others! Jesus tells us that every time we care for, clothe, or feed others, we are seeing Him! We see Jesus in people’s eyes, in their tears and in their smiles. Keep your eyes open for ways that you can serve Jesus. Draw a picture or send a card. Wave and smile at someone on your walk.

Mary Stokes has addresses of people that would welcome a card or a picture, [mstokes@rumc.com](mailto:mstokes@rumc.com) or 770-261-1741.

Dear God, help me to always look for you and to serve others as I am able. Amen.





## PRAYER WALK—Station 5

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

*"for He is risen, ...."*

God, the fact that Jesus is risen should brighten every day and lift my head above the daily news. Help your victory to make my heart sing and to lift my attitude and words so that they are acceptable to YOU. May I be more than one who merely knows the story, help me to live it.

### **PRAYER WALK with our children**

**“He is risen!”**

This is the greatest truth ever told! Even death could not defeat Jesus. God’s strength and power that raised Jesus is available to us. No, everything doesn’t always go exactly as we would wish in our everyday lives, but we can be confident that God is keeping us always.

Dear God, thank you for raising Jesus. Knowing that you can defeat death comforts us today—no matter what. Amen.





## PRAYER WALK—Station 6

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

*"as He said, ...."*

God, people often quote that nothing in life is certain but “change.” But you, O God, are absolute. You are constant, steadfast, and true to your promises. You tell us that you are the Alpha and Omega, the beginning and the end. Help me to rely on those promises in uncertain and changing times.

### **PRAYER WALK with our children**

**Jesus keeps his promises!**

See if you can find a rainbow today or one day this week after it rains. Remember that God always keeps his promises. Jesus told the disciples that he would rise on the third day. Even though they didn't understand when he first said this, they came to understand that Jesus kept his word.

Dear God, thank you for keeping your promises. Always. Amen.





## PRAYER WALK—Station 7

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

*"Come, see, ...."*

Just as the angel invited them on the first morning to “come and see,” you, O God, extend that same invitation to me. Forgive me, Jesus, when I am so busy that I miss seeing you. Open my eyes. Open my heart so that I might see you. For you are here. Help me to respond.

### PRAYER WALK with our children

**We are invited to see!**

If we take the time, we can see Jesus and his love for us reflected in many ways every day! Look up at the clouds today. What shapes do you see? Would you have missed these if you weren't looking up?

Dear God, help me to look for you everyday. Help me to see the beauty around me and in others. Amen.





## PRAYER WALK—Station 8

*But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”*

Matthew 28:5-7

***"go quickly and tell ...."***

Jesus, this news is too great not to share with others. When I fail to speak up, or sometimes when my words are not well chosen, forgive me. When it's not clear to others that I serve a risen Savior, I ask for forgiveness, and another chance to try again tomorrow.

### **PRAYER WALK with our children**

**Share the good news!**

The angel encouraged the women to go and tell others. Jesus asks us to do the same.

Dear God, help me to tell others about you and your love for us. Help my words and actions to reflect Jesus. Amen.





## PRAYER WALK—Station 9

***But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. He is not here; for He is risen, as He said. Come, see the place where the Lord lay. And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”***

Matthew 28:5-7

***"indeed he is going before you ...."***

God, you always go before us, but we repeatedly veer off course and try to handle situations on our own! We exhaust ourselves with worry and imagining multiple scenarios and outcomes. We make little progress on our own, but we keep trying to be in charge. Forgive us. Help us to trust more, to look to you, and follow.

### **PRAYER WALK with our children**

**God goes before us!**

Have you ever played Follow the Leader? What is the object of the game?

The object is to as closely match or duplicate the leader's actions as possible. To do that, we have to keep our eyes on the leader! On your walk today, play follow the leader.

Dear God, help me to keep my eyes on you! Amen.





## **PRAYER WALK—Station 10**

### **MORNING HAS BROKEN**

*Morning has broken like the first morning  
Blackbird has spoken like the first bird  
Praise for the singing  
Praise for the morning  
Praise for them springing fresh from the  
world.  
Sweet the rain's new fall, sunlit from  
heaven*

*Like the first dew fall on the first grass  
Praise for the sweetness of the wet garden  
Sprung in completeness where his feet pass.  
Mine is the sunlight  
Mine is the morning  
Born of the one light Eden saw play  
Praise with elation, praise every morning  
God's re-creation of the new day.*

Renew me for this journey of faith, so that I might become the whole person that you have designed me to be. Increase my desire to live into your vision and to bring about your kingdom on this earth and in my heart. In your resurrected son's name I pray, Amen.

### **PRAYER WALK with our children**

#### **First morning light...**

Go outside early in the morning with a parent. Feel the dew on the grass. Listen for birds singing. Take a deep breath in and breathe out.

Thank you, God, for this new day. Help me to be more like Jesus, kind and full of compassion. In Jesus' name I pray, Amen.

